

# ACCESS FOR THERAPISTS (AFT): UNIVERSITY PARTICIPATION OVERVIEW

Access for Therapists (AFT) is a Colorado-based nonprofit that coordinates short-term, no-cost therapy for mental health graduate/doctoral students through independent, licensed Providers. AFT operates as an administrative connector, linking students, alumni, and universities through a reciprocal participation model that supports care, professional development, and long-term mental-health workforce stability for public benefit. Licensed alumni and community clinicians volunteer a limited number of sessions and receive Professional Development Hours (PDH) toward licensure renewal, while students gain free access to care.

## WHAT AFT HANDLES

AFT manages program administration, including Recipient eligibility confirmation, Provider licensure verification, matching coordination, and other operations. AFT supplies pre-written outreach materials for students and alumni/providers and shares aggregate program metrics and reporting.

## UNIVERSITY PARTICIPATION

Participating universities support awareness by sharing program information with students and alumni through existing channels and designating an internal liaison for limited coordination. Universities may use AFT-provided outreach language and materials or develop their own. Universities aren't involved in screening, matching, clinical oversight, or provider credentialing. Universities assume no responsibility for treatment relationships.

## ELIGIBILITY AND VERIFICATION

Recipients confirm eligibility through self-attestation and school-email verification. Providers are independently licensed professionals whose licensure and liability insurance are verified by AFT.

## DATA HANDLING AND BOUNDARIES

AFT collects only minimal operational data and does not request, receive, or retain therapy notes or other clinical records. Details are available in our **Privacy, Data Minimization, and PHI Notice**. AFT is not an emergency service; participants are directed to 911 or 988 when appropriate.

## PROGRAM METRICS AND REPORTING

AFT tracks aggregate activity (e.g., number of Recipients, Providers, matches, sessions, withdrawals, rematches, complaints, incidents, and optional survey metrics). Universities receive monthly de-identified dashboards.

## PILOT PARTICIPATION

Participation is non-exclusive, no-cost, and may be paused or concluded by either party with notice.

## CONTACT

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