

ACCESS FOR THERAPISTS (AFT): UNIVERSITY PARTICIPATION OVERVIEW

Access for Therapists (AFT) is a Colorado-based nonprofit that coordinates short-term, no-cost therapy for mental health graduate/doctoral students through independent, licensed Providers. AFT operates as an administrative connector, linking students, alumni, and universities through a reciprocal participation model that supports care, professional development, and long-term mental-health workforce stability for public benefit. Licensed alumni and community clinicians volunteer a limited number of sessions and receive Professional Development Hours (PDH) toward licensure renewal, while students gain free access to care.

WHAT AFT HANDLES

AFT manages program administration, including Recipient eligibility confirmation, Provider licensure verification, matching coordination, and other operations. AFT supplies pre-written outreach materials for students and alumni/providers and shares aggregate program metrics and reporting.

UNIVERSITY PARTICIPATION

Participating universities support awareness by sharing program information with students and alumni through existing channels and designating an internal liaison for limited coordination. Universities may use AFT-provided outreach language and materials or develop their own. Universities aren't involved in screening, matching, clinical oversight, or provider credentialing. Universities assume no responsibility for treatment relationships.

ELIGIBILITY AND VERIFICATION

Recipients confirm eligibility through self-attestation and school-email verification. Providers are independently licensed professionals whose licensure and liability insurance are verified by AFT.

DATA HANDLING AND BOUNDARIES

AFT collects only minimal operational data and does not request, receive, or retain therapy notes or other clinical records. Details are available in our [Privacy, Data Minimization, and PHI Notice](#). AFT is not an emergency service; participants are directed to 911 or 988 when appropriate.

PROGRAM METRICS AND REPORTING

AFT tracks aggregate activity (e.g., number of Recipients, Providers, matches, sessions, withdrawals, rematches, complaints, incidents, and optional survey metrics). Universities receive monthly de-identified dashboards.

PILOT PARTICIPATION

Participation is non-exclusive, no-cost, and may be paused or concluded by either party with notice.

CONTACT

coordination@accessfortherapists.org